

Jasmine

Jealous Girl? Hassled Girl? Feeling Unloved? A Hassled Guy's Guide Stressed-Out Girl? Lonely Girl? A Stressed-Out Guy's Guide An Unloved Guy's Guide Job Hunter's Sourcebook Jasmine Days The Jasmine Candle Jasmine Jasmine Quarter-Love Crisis jasmine on the wind Jasmine Party of Two Jasmine (The insiders, dt.). Jasmine Jasmine Gail Snyder Dorothy Kavanaugh Dorothy Kavanaugh Jim Gallagher Annie Belfield Gail Snyder Travis Clark John Logan Bohdan Romaniuk Benyamin (Shanaz Habib) Kalu Okpi Laetd Prusadee Antonia I. Cudil Jasmine Burke mallory doin hart Eli Amir Jasmine Guillory Rosemary Rogers Bertrice Small Yousef Daneshvar

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teens have commonly shared experiences with jealousy everyone feels jealous or envious at one time or another but if you constantly feel like the world is unfair to you you may need some help keeping these negative emotions in check this guidebook uses real life examples and quotations to illustrate the causes and effects of irrational jealousy and envy and provides strategies and tips on how to overcome them

is a bully harassing your readers at school mismanaged conflict can lead to damaged relationships mistrust and hostility you can t change how you feel when someone says or does something you disagree with but you can control how you react using real life examples and quotations this book discusses the causes and effects of conflict and provides research based information on how to resolve it readers take a quiz to discover their communication style and take the first steps to improve how they deal with conflict so they can begin to mend their relationships

love can be both the best thing and worse thing to happen to you maybe you can t seem to find it at all whether you re too afraid to approach your crush or you ve been recently dumped by your lover what do you do when you feel unloved this book discusses the ups and downs of romance and provides research

based information on the best ways to deal with crushes dating relationships and breakups readers take a quiz to figure out if what they have is the real thing or if it's not right for them

are your readers fighting with parents or a friend this guide uses real life examples and quotations to illustrate the causes of conflict and its biological and emotional effects this book also provides research based information on finding healthy ways to resolve the issue effective communication is the key readers take a quiz to discover their communication style and take the first steps to improve how they deal with conflict so they can begin to mend their relationships

common stressors for young women include family trouble issues with friends academic and social aspects of school insecurity and life changing events that come with becoming an adult using real life examples and quotations this book discusses what triggers stress and its effects on the body and mind readers take a quiz to determine their stress level and learn healthful strategies to reduce the stress in their life

besides taking an emotional toll on you loneliness can take a physical toll on your body as well studies show that lonely people have higher blood pressure which can cause heart disease than people who don't feel lonely if you aren't a loner by choice how can you cope using real life examples and quotations this book discusses the biological emotional and social effects of loneliness and provides research based information on the best ways to overcome it readers take a quiz to find out if shyness is keeping them from making friends and read tips on how to be more social

maybe your readers are dealing with problems at work school or in their family these issues are affecting sleep eating habits and relationships with others this guidebook discusses the biological emotional and social effects of stress and provides research based information about getting support and coping with it readers take a quiz to figure out how high their stress levels are and take the first steps to improve how they manage their stress

do your readers have trouble getting dates did a significant other break up with them recently does it seem like everyone in the world is happily paired up what do your readers do about these feelings of rejection loneliness and frustration using real life examples and quotations this guide discusses the biological emotional and social effects of love and provides research based information on the best ways to deal with crushes dating relationships and breakups if readers have their eyes set on someone they'll take a quiz to find out if this crush has a chance and how to make the first move

where to find employment leads and other job search resources

sameera parvin moves to an unnamed middle eastern city to live with her father and her relatives she thrives in her job as a radio jockey and at home she is the darling of the family but her happy world starts to fall apart when revolution blooms in the country as the people's agitation gathers strength sameera finds herself and her family embroiled in the politics of their adopted land she is forced to choose between family and friends loyalty and love life and death

when zenobia a mysterious but beautiful young woman breaks a taboo her childhood friend odole is ordered to kill her

a rivalry as old as time the hating game meets honey and spice in this sizzling hilarious and utterly relatable rivals to lovers workplace rom com about surviving and maybe even thriving in your twenties maddison clarke has always lived by tick lists schedules and five year plans so she didn't foresee being this close to thirty and still living at home in an assistant role with the closest thing to a committed relationship being her grocery delivery driver but when she lands the opportunity to lead on the company's biggest event to date maddison sees a chance to get her life back on track there is just one problem she needs to join forces with aiden edwards her long time rival and the infuriatingly handsome bane of her existence aiden and his casual arrogance and absolute lack of urgency test her at every turn so when he promises to walk away if she can give up her notebooks and live spontaneously maddison agrees even if the concept is entirely alien to her but as the two are forced closer together maddison begins to wonder if this whole dare is aiden's way of trying to help her rather than ruin her and if that's the case can they truly insist this simmering tension between them is nothing more than hate maddison's quarter life crisis seems to be turning into a quarter love crisis and that was not part of the plan

a chance meeting with a handsome stranger turns into a whirlwind affair that gets everyone talking in this new york times bestseller dating is the last thing on olivia monroe's mind when she moves to la to start her own law firm but when she meets a gorgeous man at a hotel bar and they spend the entire night flirting she discovers too late that he is none other than hotshot junior senator max powell olivia has zero interest in dating a politician but when a cake arrives at her office with the cutest message she can't resist it is chocolate cake after all olivia is surprised to find that max is sweet funny and noble not just some privileged white politician as she assumed him to be because of max's high profile job they start seeing each other secretly which leads to clandestine dates and silly disguises but when they finally go public the intense media scrutiny means people are now digging up her rocky past and criticizing her job even her suitability as a trophy girlfriend olivia knows what she has with max is something special but is it strong enough to survive the heat of the spotlight

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